



**CHESTERTON
COMMUNITY COLLEGE**

Chesterton Community College

Sex and Relationship Education

March 2010

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Sex and Relationships Education Policy

Definition and purpose:

What is sex and relationship education (SRE)?

It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.

“The objective of SRE is to help and support young people through their physical, emotional and moral development”. The Every Child Matters Framework provides clear guidance of the expectations and this informs PSHE framework. SRE is an important dimension of students’ statutory entitlement as set out in the 1998 Education Reform Act. The College delivers Sex Education in the belief that all students should have full access in order that they can make informed decisions about relationships and be tolerant of others.

Provision:

Sex and Relationships Education is delivered primarily in the Personal and Social Education (PSE) programme and Science National curriculum. SRE also features in the enrichment programme that students follow. When appropriate, SRE sessions might be delivered in single-sex groupings, so to explore issues sensitive to boys and girls in a safe setting. The responsibility for SRE is with the Head of PSE. The topics that are included in the SRE curriculum appear in a „spiral curriculum“: this means that topics such as peer pressure, contraception, positive relationships, alcohol and drugs use are revisited recognising that students will want to gain information and ask questions at different rates and at different times.

PSE curriculum:

Key Stage 3:

1. Hygiene and puberty – body changes
2. Family Life
3. Friendship
4. Teenage pregnancy
5. Contraception
6. Alcohol and drugs abuse and risk management
7. Signposting to additional services available

Key Stage 4:

1. Contraception
2. Sexually Transmitted Infections (including HIV/AIDS)
3. Positive relationships and assertiveness
4. Abortion
5. Parenting
6. Risk management
7. Signposting to additional services available

Science National Curriculum:

Key Stage 3

1. that fertilisation in humans...is the fusion of a male and a female cell
2. about the physical and emotional changes that take place during adolescence
3. about the human reproductive system, including the menstrual cycle and fertilisation
4. how the foetus develops in the uterus
5. how the growth and reproduction of bacteria and the replication of viruses can affect health
6. Key Stage 4
7. the way in which hormonal control occurs, including the effects of sex hormones
8. some medical uses of hormones, including the control and promotion of fertility
9. the defence mechanisms of the body
10. how sex is determined in humans

11. Core Science (biology) – B1 You and your genes: Genetic engineering, IVF Ethical decisions “Choosing your child”, abortion.
12. Additional (biology) B5 Growth and development: development of a foetus and sex cells.

Additional Support:

Students most vulnerable to low self esteem, early sexual activity and risk of teenage pregnancy, or other related concerns may also be identified and targeted for support. The LARM (Pastoral forum) brings together outside agencies and college staff, to direct support and input to students individually, in groups settings. The outside agencies: school nurse, youth work team and others also input to curriculum time as appropriate. There is also a confidential counselling service available to all students.

In addition the HiPod (Health Information Pod) is a multi-agency centre on the school site, offering health and wellbeing services to all students through drop-in sessions.

Links to other policies:

The delivery of sex Education in the College will reflect the policies for Equal Opportunities, Child Abuse and Bullying. It will help children to affirm their rights, to be able to resist unwanted touch or advances and to communicate such matters. It is the College aim to encourage pupils to discuss concerns in these areas with teaching staff or the relevant professional.

Monitoring and Evaluation:

Annual sample surveys in the PSE and science departments undertake to collect views from students, parents and staff. Student views in classroom review and the open nature of PSE lessons also feed into the monitoring of teaching and learning.

Parents Right to Withdraw

The College recognises the right of parents to withdraw their child from all or part of the elements of sex and relationships education that are not required by the National Curriculum Science Order. It is willing to assist parents/carers to make informed decisions on this matter. The College will also assist parents in providing Sex Education at home. Parents/carers who wish to obtain more information or withdraw their child from the non-statutory part of Sex Education should in the first instance write to the Principal. Parents are informed of this through the prospectus and copies of policies are available on the college website

Annual Review

This policy is reviewed annually by the Head of PSE and other relevant college staff.